Spinalis thoracis is the medial continuation of the erector spinae, lying medial to and blending with longissimus thoracis in its lower part.

Proximal Attachment

It arises by tendons from the spinous processes of T11 to L2.

Distal Attachment

It passes superiorly to attach by separate tendons to the spinous processes of T1 to T4 (often as low as T8).